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March 10, 2020

FOR IMMEDIATE RELEASE Media Line:713-439-6911

Harris County Reports Additional Presumptive Positive Case of COVID-19

Houston – Harris County Public Health (HCPH) is reporting an additional presumptive positive case of COVID-19 in Harris County. This is the **5**th **case** of COVID-19 and the **3**rd presumptive positive within Harris County, outside City of Houston. This individual was temporarily living abroad in Italy and upon returning contacted her healthcare provider. She exhibited mild flu-like symptoms and was tested for COVID-19. The individual is a woman, between 20-30 years old, from the Southwest quadrant of Harris County. The test was processed by the Houston Health Department and is considered presumptive positive for COVID-19. When the test is officially confirmed by the Centers for Disease Control and Prevention (CDC) in Atlanta, it will be a confirmed positive.

The individual did not require hospitalization and is quarantined at home, where she is recovering. HCPH epidemiologists have been and will continue to monitor the woman while she is under quarantine and investigate individuals who she interacted with to see if they are at risk and need to be tested. In addition, HCPH is asking for those passengers who sat in **Business/First class** on the following flights to self-isolate. They should also contact their healthcare provider (call before going) and their local health department for additional guidance.

Flight #1:

Lufthansa (LH309), (*only for those who were sitting in Business/First class) Florence to Frankfurt March 3rd, 10:05am-11:45am

Flight #2:

United Airlines (UA47) (*only for those who were sitting in Business/First class) Frankfurt to Houston March 3rd, 1:50pm-6:10pm

It is believed the virus is spread through respiratory droplets when an infected person sneezes or coughs. Harris County residents are reminded to take the same measures that are recommended to prevent the spread of the flu and other respiratory viruses.

- Cover your mouth and nose when you cough or sneeze
- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer.

HCPH is the local public health agency for the Harris County, Texas jurisdiction. It provides a wide variety of public health activities and services aimed at improving the health and well-being of the Harris County community.

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- Avoid touching your eyes, nose and mouth with unwashed hands.
- Clean and disinfect frequently touched objects and surfaces
- Avoid close contact with people who are sick.
- Stay home when you are sick. Keep a sick child home from school to prevent spreading illness in the school and the community.

By working together, we can try to slow down the transmission of the spread of COVID-19. If you feel sick and believe you may have been exposed to COVID-19, contact your health care provider (call before going), describe your symptoms, and travel history or contact with an individual who testing positive for COVID-19. People at higher risk for serious complications are the elderly and those with underlying health conditions.

For Harris County Residents:

Harris County Public Health (HCPH) www.hcphtx.org\COVID-19 www.ReadyHarris.org 832-927-7575* This number is 9 a.m. - 7 p.m., everyday

Harris Health System

www.harrishealth.org Ask-My-Nurse 713-634-1110*

*This number is 9 a.m. - 7 p.m., everyday clinical-related questions

For City of Houston Residents:

Houston Health Department www.HoustonHealth.org www.HoustonEmergency.org 832-393-4220*

*This number is staffed 9 a.m. to 7 p.m. M-F, 9a.m - 3 p.m. on Sat.

For Fort Bend County Residents:

Fort Bend County Health & Human Services www.fbchealth.org/ncov 281-633-7795*

*This words or is Monday Eviden from \$100 and \$100

*This number is Monday-Friday from 8:00 a.m. to 5:00 p.m.

For updates on COVID-19, including health tips, fact sheets, case counts, and other community resources, visit www.ReadyHarris.org and the www.hcphtx.org.

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